

## Confirmation – Enriched in Christ & Sealed by the Holy Spirit Catechetical Preparation

**Consider the Following Statement:** By the sacrament of Confirmation, baptismal graces are completed, we are strengthened by the Holy Spirit to become disciples for Jesus Christ.

**Keeping the above statement in mind, read and meditate on the following passages:**

### Scripture:

- Wis 9:17 “..who ever knew your counsel...and sent your spirit from on high?”  
Matt. 5:48 “ ..you must be made perfect even as your heavenly Father is perfect.”  
Lk. 24:48-49 “ Remain here in the city until you are clothed with power from on high.”  
Acts 8:14-17 “[the Holy Spirit] had not as yet come down upon any of them, since they had only been baptized in the name of the Lord Jesus.”  
II Cor 1:18-24 “.. it is he who anointed us and has sealed us, thereby depositing the first payment, the Spirit, in our hearts.”  
Eph 1:4-14 “ ..when you heard the glad tidings of salvation, the word of truth, and believed in it, you were sealed with the Holy Spirit who had been promised.”  
Eph 2:17-22 “...in him [Christ] you are being built into his temple, to become a dwelling place for God, in the Spirit.”  
Col 1:25-29 “... we proclaim while we admonish all men and teach them in the full measure of wisdom, hoping to make every man complete in Christ.”  
Heb 6:1-2 “..and advance to maturity not laying the foundation all over again: instruction about baptisms and laying-on of hands..”  
Heb 8:1-7 “ Jesus has obtained a more excellent ministry now, just as he is mediator of a better covenant..”  
I Pet 1:16 “ Be holy, for I am holy.”  
I Jn. 2:20-27 “But you have the anointing that comes from the Holy One, so that all knowledge is yours.”  
Rev. 9:4 “ The locusts were commanded to do no harm to the grass, but only to those men who had not the seal of God on their foreheads.”

### Catechism:

- CCC 1285-1289 Confirmation in the Economy of Salvation  
CCC 1293-1301 The Signs & the Rite of Confirmation  
CCC 1302-1305 The Effects of Confirmation  
CCC 1306-1311 Who Can Receive this Sacrament?  
CCC 1312-1314 The Minister of Confirmation

### Key Terms:

*Confirmation-* Confirmation is the Sacrament that completes the grace of Baptism by a special outpouring of the gifts of the Holy Spirit, which seal or “confirm” the baptized in union with Christ and equip them for active participation in the worship and apostolic life of the Church.

*Christian Initiation –* The foundations of every Christian life laid by the Sacraments of Baptism, Confirmation, and Eucharist. The process by which a non-baptized person is prepared to become a full member of the Church is called the catechumenate, which was restored in the Latin Church by the Second Vatican Council.

## Confirmation – Enriched in Christ & Sealed by the Holy Spirit Catechetical Session

### **Preparation :**

Hymn: (Vs. 1-2): *Come Holy Ghost*

First Reading: Acts 2:1-13

Psalm: Psalm 45

Gospel: John 15:12-17

**Proclamation:** By the sacrament of Confirmation, baptismal graces are completed, we are strengthened by the Holy Spirit and bound more closely to the Church.

### **Explanation:**

#### I. Sacraments are instituted by Christ to Give us God's Life (Heb 8:1-7)

a) What is a Sacrament?

A sacred sign, instituted by Christ, by which a person receives God's Divine Life within their soul.

b) What do Sacraments do?

- They give us God's life in our souls that allows us to become more Christ-like – to enter into deeper communion with the Blessed Trinity.
- Sacraments connect us to the Church; they are dispensed and are celebrated by the Church.

#### II. Confirmation is a Sacrament of Christian Initiation: (Eph 1:4-14)

- The three Sacraments of Initiation are: Baptism, Confirmation & Holy Eucharist
  - 1) In this sacrament the grace given at Baptism is matured
  - 2) Each baptized believer can and has an obligation to receive this sacrament
  - 3) Confirmation marks the call to apostolic responsibilities
  - 4) To receive Confirmation, one should be in a state of grace, have received the sacrament of Penance, and be prayerfully docile to the Holy Spirit.

#### III. What Effects does the Sacrament of Confirmation have on us: (II Cor 1:18-24)

- 1) Through Confirmation we become more firmly united to Christ.
- 2) Through Confirmation the three theological gifts: faith, hope and charity are strengthened in us. We also receive in Confirmation, the seven gifts of the Holy Spirit.
- 3) Through Confirmation our bond with the Church is strengthened.
- 4) Through Confirmation we are given special strength to spread & defend the faith.

#### IV. At Confirmation the Seven Gifts of the Holy Spirit are Strengthened:

- |                  |                     |
|------------------|---------------------|
| 1. Wisdom        | 5. Knowledge        |
| 2. Understanding | 6. Piety            |
| 3. Counsel       | 7. Fear of the Lord |
| 4. Fortitude     |                     |

**Application:**

1. What is a Sacrament?
2. What is Confirmation?
3. What happens at Confirmation?
4. What effects does the Sacrament of Confirmation have on me?
5. What does it mean to be a disciple of Jesus?
6. How does this understanding of Confirmation affect my relationship with God?
7. How can I prepare to receive the Sacrament of Confirmation?

**Conclusion:**

Closing Prayer

Hymn (Vs. 3-4): *Come Holy Ghost*

## Confirmation – Enriched in Christ & Sealed by the Holy Spirit Outline

**Proclamation:** By the sacrament of Confirmation, baptismal graces are completed, we are strengthened by the Holy Spirit and bound more closely to the Church.

**Explanation:**

I. Sacraments were instituted by Christ to Give us God's Life (Heb 8:1-7)

a)

b)

II. Confirmation is a Sacrament of Christian Initiation: (Eph 1:4-14)

a)

b)

c)

d)

III. What Effects does the Sacrament of Confirmation have on us: (II Cor 1:18-24)

a)

b)

c)

d)

e)

IV. At Confirmation we are given the Seven Gifts of the Holy Spirit:

1.

2.

3.

4.

5.

6.

7.

