

Praying with Scripture
Modified *Lectio Divina* (Divine Reading)

Read

1. Read the passage out loud (if possible), slowly, simply to become familiar with it.

Reflect

2. Read the passage again, silently.

Ask the Lord to let you read and “hear” it as if this was the first time; what does it mean? How would you tell/explain this story in your own words?

(Not more than 5 or 6 sentences.)

Spontaneous **3. Pick one person from the passage: _____.**

Prayer

Imagine that you are in this person’s “shoes.”

(Note: If the passage does not specifically name persons in its text, simply see if the words themselves evoke any particular feeling. Does it call to mind a previous, or presently occurring, incident or relationship in your life?)

A. How does it feel to be in this situation?

B. Does it remind you of something or someone in your life?

C. Is there anything you would say or do differently?

D. Have a “heart to Heart” talk with Jesus sharing your honest feelings about anything that has come to mind in reference to your reflecting on this passage. It might be something that is weighing heavily on your heart, or something that moves you to a deep sense of gratitude and joyful praise.

Choose one word or phrase from this passage that has a special meaning for you _____.

Resting in God **4. Read the passage again. Close your eyes. Think of your favorite picture of Jesus and LISTEN to HIM.**

(Spend this time in simple silence, waiting and quietly listening for whatever the Lord might “whisper” in your heart.)