One year suggested schedule includes 24 sessions of “Chosen”

“Chosen”
Your Journey Toward Confirmation

**August**
A retreat(s) can be at the beginning, in November, during Lent, and/or before Confirmation. Go to ConfirmationStudy.com for retreat materials. Content can be divided into 1, 1 day retreat or 3, 1 day retreats or 1, 3 day retreat etc.

**September**
Gathering with parents and confirmand: Bishop Callahan’s words of encouragement, schedule, service hours, saint project etc.
*The Way*: Pre-Evangelization (*Remove obstacles and present the “big picture.”*)
Session 1  “Why am I here?” (An Introduction to Chosen- Lesson 1)
Session 2  “What makes me happy?” (Discovering God as the Source – Lesson 2 from Chosen)

**October**
*The Way*: Evangelization (*Deliver life-changing kerygma/Gospel message*)
Session 3  “What’s your story, God?” (A Look at Salvation History – Lesson 3 from Chosen)
Session 4  “How do I know God is real?” (Understanding Divine Revelation – Lesson 4)
Session 5  “Who is Jesus?” (The Person and Mission of Christ- Lesson 5)
Session 6  “Why be Catholic?” (Discovering the Church Jesus Founded – Lesson 6)

**November**
Possible time for a retreat (downloadable resource)
*The Truth*: Catechumenate (*Explain sacramental living and the power to answer the call*)
Rite of Welcoming from the Diocese of La Crosse
Session 7  “Where am I going” (A Look at the Last Things – Lesson 7 Note: replace the video clips from “Chosen” with Episode 10 of Fr. Barron’s Catholicism Project: World with End, the Last Things (51 minutes with 6 parts: Elusive Realities, The Last Things, Beginning with Dante, Purgatory, Angels and Devils, Heaven. Use the Chosen workbook or discussion questions available from the Office of Catechesis and Evangelization)
Session 8  “How do I get there?” (The Power and Purpose of the Sacraments – Lesson 8)
Session 9  “When did my journey begin?” (Baptism, Your Initiation into God’s Family - Lesson 9)

Office for Catechesis and Evangelization
One year suggested schedule includes 24 sessions of “Chosen”

December
Session 10  “Why tell my sins to a priest?” (The Healing Power of Confession – Session 10)
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38

Session 11  Penance Service (downloadable resource)

Session 12  “How does God help when it hurts?” (Anointing of the Sick and Redemptive Suffering – Lesson 11)
Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19

January
Session 13  “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity-Lesson 12)
Note: Replace the DVD clips with a Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization / Youth and Young Adult Ministry. If necessary, show 35 minutes in Session 13 and 35 minutes in Session 14 along with the Fruits of the Holy Spirit.

Session 14  “What does the Holy Spirit do for me?” (Gifts for the Journey – Lesson 13)
Note: Replace the DVD clips with The Fruits of the Holy Spirit by Fr. Robert Barron based on Galatians 5:22. Fr. Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track.  http://www.youtube.com/watch?v=1INut0Gi09Q (12 minutes)
See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life.

Session 15  “Why have I been Chosen?” (Sealed and Sent in Confirmation – Lesson 14)

Session 16  “Why do I have to go to Mass?” (Encountering Jesus in the Eucharist – Lesson 15)

February
Session 17  “What does it mean to say, ‘I do’?” (Marriage, a Sign of God’s Love – Lesson 16)

Session 18  “Who’s calling?” (Holy Orders and Vocational Discernment – Lesson 17)

The Life:  Discipleship (Final preparation for a life of discipleship)
Session 19  Mass for Ash Wednesday – February 18, 2015

Office for Catechesis and Evangelization
One year suggested schedule includes 24 sessions of “Chosen”

Session 20  “Are you talking to me?” (Getting to know God through Prayer – Lesson 18)

March  Possible time for a retreat (downloadable resource)
Session 21  “Who is Mary?” (Meeting the Mother of God and Your Heavenly Family – Lesson 19)
             “Praying with Scripture” prayer worksheet - John 19:23-30
Session 22  Stations of the Cross

Session 23  “What would Jesus do?” (The Beatitudes as a Path to True Happiness – Lesson 20
Note: Replace the DVD clips with Episode 2, part 1 Catholicism Study Program by Fr. Robert Barron (first 23 min.) Use the “Chosen” workbook for discussion or discussion questions from Office of Catechesis and Evangelization.
Session 24  Penance Service

April  April 5, 2015  Easter
Session 25  Do I have what it takes?” (Building Virtue – Your Spiritual Workout – Lesson 21)
            Diocesan Virtue Program also available
Session 26  “Why wait?” (God’s Plan for Love and Sex – Lesson 22)
Session 27  “How do I build the Kingdom?” (Saying “Yes to the Mission of Christ and His Church – Lesson 23)
            Pre-Confirmation Interviews (downloadable resource)
Session 28  “Where do I go from here?” (The Journey Continues – Lesson 24)

May
Possible Confirmation Retreat, Rehearsal and Rite of Confirmation or May Crowning of Mary
**Consider showing Lesson 14 again before the young people are confirmed.
9th Grade: Year One of Preparation for Confirmation

September
The Way: Pre- Evangelization (Remove obstacles and present the “big picture.”)
Session 1 “Why am I here?” (An Introduction to Chosen- Lesson 1)
Session 2 “What makes me happy?” (Discovering God as the Source – Lesson 2 from “Chosen”)

October
The Way: Evangelization (Deliver life-changing kerygma/Gospel message)
Session 3 “What’s your story, God?” (A Look at Salvation History – Lesson 3)
Session 4 T3 Bible Timeline by Mark Hart (or Gospel of Matthew, “Thy Kingdom Come)
8 – 30 min. of DVD, discussion questions from Office of Catechesis & Evangelization
and/or T-3 workbook
Session 5 Lesson 2 – The Early World
Session 6 Lesson 3 – The Patriarchs

November
Session 7 Lesson 4 – Egypt and Exodus, Joshua, and Judges
Session 8 Lesson 5 – The Kingdom of God – United and Divided
Session 9 Lesson 6 – The Exile, The Return, and The Revolt

December
Session 10 Lesson 7 – Jesus and the Gospels – Messianic Fulfillment
Session 11 Lesson 8 – The Early Church and the Church Today
Making a good Advent - “Praying with Scripture” prayer worksheet Luke 1:26-38
Session 12 Penance Service (downloadable resource)
Preparing for Christmas - “Praying with Scripture” prayer worksheet Luke 2:1-19

January
Session 13 “How do I know God is real?” (Understanding Divine Revelation – Lesson 4 from “Chosen”)
Session 14 “Who is Jesus?” (The Person and Mission of Christ- Lesson 5 from “Chosen”)
Session 15 “Why be Catholic?” (Discovering the Church Jesus Founded – Lesson 6 from “Chosen”)
Session 16 “Are you talking to me?” (Getting to know God through Prayer – Lesson 18 from “Chosen”) Segment 1 Time of quiet prayer – provide a prompt

February
Session 17 “Are you talking to me?” (Getting to know God through Prayer – Lesson 18 from “Chosen”) Segment 2 Time of quiet prayer – provide a prompt

Office for Catechesis and Evangelization
Year One of a two year suggested schedule: 7 sessions from “Chosen” including 1-6 and 18; T-3; TOB

Session 18 “Are you talking to me?” (Getting to know God through Prayer – Lesson 18 from “Chosen”) Segment 3 Time of quiet prayer – provide a prompt

Session 19 Mass for Ash Wednesday – February 18, 2015

Session 20 Begin class with 5 minutes of quiet prayer: begin with a prompt
Theology of the Body for Middle School (see page 4 of Parent’s Guide for Overview)
Chapter 1: Who Am I? Discovering My True Identity (skip “Who Am I?” on DVD)

March

The Truth: Catechumenate (Explain sacramental living and the power to answer the call)

Session 21 Begin class with 5 minutes of quiet prayer: begin with a prompt
TOB Chapter 2: Our Story: God’s Plan, Human Sin, Jesus’ Love

Session 22 Stations of the Cross
TOB Chapter 3: Me, Myself, and I: Body and Soul

Session 23 Begin with 10 min. of prayer: “Praying with Scripture” prayer worksheet - John 19:23-30
TOB Chapter 4: How Should I Act?

Session 24 Penance Service (downloadable resource)

April

April 5, 2015 Easter

Session 25 Time of Adoration of the Risen Lord, “Praying with Scripture” John 20: 11-18
Chapter 5: Sex. Love, and Chastity (skip Tim and Jene at the beginning)

Session 26 Begin class with 10 minutes of quiet prayer: “Praying with Scripture” John 20:19-29
Chapter 6: To Use or Not to Use? That is the Question: The Opposite of Love

Session 27 Begin class with 10 minutes of quiet prayer: begin with a prompt
Chapter 7: Vocation: God’s Call, My Response

Session 28 Begin class with 10 minutes of quiet prayer: begin with a prompt
Chapter 8: Hope and Future: Daily Living Out the Language of the Body
Sensitive issues: separate groups for the males and females

May

Session 29 Begin class with 10 minutes of quiet prayer: begin with a prompt
The “Good News”: the Church always seeks to protect the dignity of the human person - Discussion on current social issue.

Office for Catechesis and Evangelization
Year Two of a two year suggested schedule: Sessions 7-24 of “Chosen”; T-3 Acts of the Apostles Bible Study

**Year Two: Preparation for Confirmation**

**August**
A retreat(s) can be at the beginning, in November during Lent, and/or before Confirmation. Go to ConfirmationStudy.com. Content can be divided into 1, 1 day retreat or 3, 1 day retreats or 1, 3 day retreat etc.

**September**
Gathering with parents and confirmand: Bishop Callahan’s words of encouragement, schedule, service hours, saint project etc.
*The Truth:* Catechumenate *(Explain sacramental living and the power to answer the call)*
Rite of Welcoming from the Diocese of La Crosse

Session 1  Begin with a few icebreakers from Session 1 of “Chosen”
“Where am I going” (A Look at the Last Things – Lesson 7 from “Chosen”)
Note: replace the video clips from “Chosen” with Episode 10 of Fr. Barron’s Catholicism Project: World without End, the Last Things (51 minutes with 6 parts: Elusive Realities, The Last Things, Beginning with Dante, Purgatory, Angels and Devils, Heaven. Discussion questions from the Office of Catechesis and Evangelization or use “Chosen” workbook)

Session 2  Begin class with 10 minutes of quiet prayer
“How do I get there?” (The Power and Purpose of the Sacraments – Lesson 8 Chosen)

**October**
Session 3  Begin class with 10 minutes of quiet prayer “When did my journey begin?” (Baptism, Your Initiation into God’s Family - Lesson 9 from “Chosen”)

Session 4  Begin class with 10 minutes of quiet prayer
“Why tell my sins to a priest?” (The Healing Power of Confession – Session 10)

Session 5  Begin class with 10 minutes of quiet prayer
“How does God help when it hurts?” (Anointing of the Sick and Redemptive Suffering – Lesson 11 from “Chosen”)

Session 6  Begin class with 10 minutes of quiet prayer: pray silently with a prayer of the Mass.
“Why do I have to go to Mass?” (Encountering Jesus in the Eucharist – Lesson 15)

Office for Catechesis and Evangelization
Year Two of a two year suggested schedule: Sessions 7-24 of “Chosen”; T-3 Acts of the Apostles Bible Study

**November**

Session 7  “Are you talking to me?” (Getting to know God through Prayer – Lesson 18)
Segment 1  Time of quiet prayer – provide a prompt

Session 8  “Are you talking to me?” (Getting to know God through Prayer – Lesson 18)
Segment 2  Time of quiet prayer – provide a prompt

Session 9  “Are you talking to me?” (Getting to know God through Prayer – Lesson 18)
Segment 3  Time of quiet prayer – provide a prompt

**December**

Session 10  Penance Service

Session 11  “Who is the Holy Spirit?” (Meeting the Third Person of the Trinity-Lesson 12)
Note: Replace the DVD clips with a Presentation by Msgr. Joseph Hirsch on the Gifts of the Holy Spirit on DVD (70 minutes) available from the Office of Cat. & Evangelization or Youth and Young Adult Ministry. If necessary, show 35 minutes in Session 13 and 35 minutes in Session 14 along with the Fruits of the Holy Spirit.

Session 12  “What does the Holy Spirit do for me?” (Gifts for the Journey – Lesson 13)
Note: Replace the DVD clips with The Fruits of the Holy Spirit by Fr. Robert Barron based on Galatians 5:22. Fr. Barron explains that seeing the fruits of the Holy Spirit in our lives is how we know we are on the right track. [http://www.youtube.com/watch?v=1INut0Gi09Q](http://www.youtube.com/watch?v=1INut0Gi09Q) (12 minutes) See also Luke 6:43-45. You can know what kind of person someone is by who they are and what they have done - the fruit of their life. Use “Chosen” workbook for discussion.

**January**

Session 13  “Why have I been Chosen?” (Sealed and Sent in Confirmation – Lesson 14)

Session 14  “What does it mean to say, ‘I do?’” (Marriage, a Sign of God’s Love – Lesson 16)

Session 15  “Who’s calling?” (Holy Orders and Vocational Discernment – Lesson 17)

Session 16  “Who is Mary?” (Meeting the Mother of God and Your Heavenly Family – Lesson 19)

Office for Catechesis and Evangelization
Year Two of a two year suggested schedule: Sessions 7-24 of “Chosen”; T-3 Acts of the Apostles Bible Study

**February**

*The Life: Discipleship (Final preparation for a life of discipleship)*

Session 17  Mass for Ash Wednesday – February 18, 2015

Session 18  “What would Jesus do?” (The Beatitudes as a Path to True Happiness – Lesson 20
Note: Replace the DVD clips with Episode 2, part 1 Catholicism Study Program by Fr. Robert Barron (first 23 min.) Use “Chosen” workbook for discussion or discussion questions from Office of Catechesis and Evangelization.

Session 19  Stations of the Cross

Session 20  T3: Acts The Keys and the Sword by Mark Hart, Session 1 (30 min. DVD)
Bible Study on the Acts of the Apostles following Pentecost, their Confirmation

**March**

Possible time for a retreat (downloadable resource)

Session 21  T3: Acts Session 2

Session 22  T3: Acts Session 3

Session 23  T3: Acts Session 4

Session 24  Penance Service

**April**

*April 5, 2015  Easter*

Session 25  Do I have what it takes?” (Building Virtue – Your Spiritual Workout – Lesson 21)

Session 26  “Why wait?” (God’s Plan for Love and Sex – Lesson 22 from “Chosen”)

Session 27  “How do I build the Kingdom?” (Saying “Yes to the Mission of Christ and His Church – Lesson 23)
Pre-Confirmation Interviews (downloadable resource)

Session 28  “Where do I go from here?” (The Journey Continues – Lesson 24 from “Chosen”)

**May**

Session 29  Possible Confirmation Retreat, Rehearsal and Rite of Confirmation

**Consider showing Lesson 14 and 18 again before the young people are confirmed.**