



# Diocese of La Crosse Marriage Enrichment Topics

JEFF HEINZEN, DIRECTOR

PHONE - 608.791.2673

FAX - 608.788.8413

EMAIL: FAMILYLIFE@DIOCESEOFLACROSSE.COM

THE  
*Five* LOVE  
LANGUAGES



## Languages of Love – 60 minutes

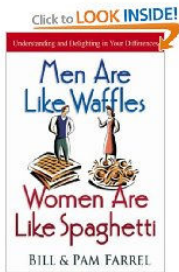
Adapted from Gary Chapman, PhD's book.

People express and receive love in different ways. If you express love in a way your spouse doesn't understand, they won't realize you've expressed your love at all. The problem - you're speaking two different languages. This presentation helps you learn to speak and understand the unique languages of love and effectively communicate with your spouse.

## Love Never Ends – 45 minutes per each date

Adapted from Franklin Nelson, PhD's book

10 different talks that focus on major areas of couples day to day lives such as children, responsibilities, faith, leisure/work, money, love life, parents, wedding anniversary, and refreshing marriage.



## Men are like Waffles - Women are like Spaghetti adapted from Bill & Pam Farrel's book - 60 minute presentation

We want marriages that are happy and harmonious. That is why so many of our decisions are affected by how our spouse will respond. This presentation focuses on how to understand the differences between men and women – and delighting in those differences.

## Toast to Marriage – 45 minutes per each date — Can be expanded to a Marriage Enrichment Day

Five presentations that touch primary areas of a couple's relationship -- Fair Fighting, Forgiveness, Vision, Mission & Values, Surviving The Rough Spots, and Seeking God.



**7 Steps to Becoming Financially Free** is a six 90 minute sessions, done in a small group study format designed to address the needs of your parish community. Featuring Phil Lenahan, acclaimed author, frequent guest on Catholic radio and television, and founder of this rapidly growing ministry on DVD and a Facilitator trained by Phil this past March in our Diocese

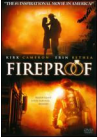
## Marriage -- A Lifetime Of Learning – 60 minutes per each date – Can be expanded to a Marriage Enrichment Day

Four presentations that touch primary areas of a couple's relationship including; Communication in Difficult Areas, Attitudes, Life-Giving Choices, and Matrimony - A Grace Giving Reality.



### **Pick 6 – Great Date Series – 30 minute presentation for each of the six dates**

A brief presentation to set the stage for great discussions on the couples date. A fun enrichment exercises to enjoy during their dinner, walk, or at their favorite location. Concludes with prayer and marriage blessing by clergy.



### **Fireproof — Movie for 110 minutes and six session study guide using video clips -90 minute discussion groups. Includes a Catholic supplement to the Fireproof your Marriage Small Group Kit.**

A heroic fireman locked in a failing marriage accepts his father's challenge to take part in a 40-day experiment designed to teach both husband and wife the true meaning of commitment in this faith-based marriage drama. Caleb adheres to the old firefighter's adage about never leaving your partner behind; back at home, it's an altogether different story. Caleb and his wife Catherine have been married for seven years, but lately arguments over career, housework, finances, and outside interests have driven the once-happy couple hopelessly apart. Just as Caleb and Catherine prepare to officially dissolve their marriage, Caleb's father John presents his son with a most unusual challenge: commit to a 40-day experiment called "The Love Dare," and take one last shot at saving his marriage. When Caleb asks his father how he can be expected to love someone who refuses to give him a fair chance, John tells his son that this is precisely the same love that God shows for humankind. Now, with a little help from above, the man who makes headlines for saving lives will fight to be a hero to the one person who matters most -- his wife.

**Worldwide Marriage Encounter Mid-Week Experience** Worldwide Marriage Encounter, which offers weekend programs to help couples revitalize their marriages, is now also offering its program in weekday sessions to accommodate couples who find it difficult to get away for a weekend.

#### **DEANERY/PARISH RESOURCES NEEDED:**

- Space - enough to accommodate participants and speakers
- Equipment - chairs and tables for participants and speakers
- Supplies – worksheets/books for couples
- Food - refreshments based on what parish desires and length of enrichment
- Cost - couples registration fee can cover the cost of the supplies (worksheets & food) with a suggested \$50.00/hour speaker(s) fee and mileage. **NOTE:** Should you choose to develop your own Marriage Enrichment Parish/Deanery Team these costs could be reduced.